



ID					
----	--	--	--	--	--

Namecode					
----------	--	--	--	--	--

Visit Date			/			/			
------------	--	--	---	--	--	---	--	--	--

Study Visit		
-------------	--	--

Staff ID			
----------	--	--	--

4. In the past 7 days...

Not at all A little bit Somewhat Quite a bit Very much

a. I had a hard time getting things done because I was sleepy...[prom_thingsdone](#)

b. I felt alert when I woke up...[prom_alert](#)

c. I felt tired...[prom_tired](#)

d. I had problems during the day because of poor sleep...[prom_problems](#)

e. I had a hard time concentrating because of poor sleep...[prom_concentrating](#)

f. I felt irritable because of poor sleep... [prom_irritable](#)

g. I was sleepy during the daytime...[prom_daytime](#)

h. I had trouble staying awake during the day...[prom_stayawake](#)