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1. FORM COMPLETED BY: _____

2. RECRUITMENT SOURCE:

- BIDMC: Sleep Clinic
- BIDMC: Cardiology
- BWH: SHC-Brighton
- BWH: SHC-Medford
- BWH: SHC-Other
- BWH: Cardiology: Mailings
- BWH: Other Clinics _____
- BWH: Cardiology: Watkins
- MGH: (specify) _____
- Joslin: Mailings
- Other/MD: _____

ELIGIBILITY

3. INCLUSION CRITERIA:

[To be eligible for this study, below responses must all be **YES**. If there is a NO response to any of the below, recruitment can stop and the remaining inclusion and exclusion criteria can be skipped.]

YES	NO	INCLUSIONS
<input type="radio"/>	<input type="radio"/>	(1) 45-75 years old (or 55-75 years if without established CVD) Age: _____ DOB: ____/____/____
<input type="radio"/>	<input type="radio"/>	(2) Ability to provide informed consent
<input type="radio"/>	<input type="radio"/>	(3) Diagnosed with moderate to severe OSA (AHI ≥15 events/hr) AHI: _____ Full <input type="checkbox"/> Split <input type="checkbox"/> <input type="radio"/> 3% (AHI ≥ 15 events/hour) <input type="radio"/> 4% (AHI ≥ 10 events/hour)
<input type="radio"/>	<input type="radio"/>	(4) EITHER: Established CVD, defined by one or more of the following: <input type="radio"/> Prior myocardial infarction or a coronary artery revascularization procedure (≥4 months before study entry) _____ <input type="radio"/> Angiographically documented stenosis (>70%) of a major coronary artery _____ <input type="radio"/> Prior ischemic stroke without major functional impairment _____ <input type="radio"/> Diabetes mellitus treated with medication or ≥2 fasting glucose levels ≥126 mg/dl _____ OR: (circle those that apply) Three or more of the following established CVD risk factors: <input type="radio"/> Hypertension treated with medications or systolic BP >140 or diastolic BP >90 on ≥2 occasions _____ <input type="radio"/> Male sex _____ <input type="radio"/> BMI ≥30 _____ <input type="radio"/> Total cholesterol >240 mg/dl or LDL cholesterol >160 mg/dl or HDL <45 mg/dl or treatment for dyslipidemia _____ <input type="radio"/> >10 pack years of smoking _____

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4. EXCLUSION CRITERIA: [To be eligible for this study, below responses must all be **NO**. If there is a YES response to any of the below, recruitment can stop and the remaining exclusion criteria can be skipped.]

YES	NO	EXCLUSIONS
<input type="radio"/>	<input type="radio"/>	(1) Diagnosed heart failure with known cardiac ejection fraction of <35% or NYHA class 3 or 4 status _____
<input type="radio"/>	<input type="radio"/>	(2) Less than 4 months since MI, stroke or revascularization procedure _____
<input type="radio"/>	<input type="radio"/>	(3) Poorly controlled hypertension (>170/>100) _____
<input type="radio"/>	<input type="radio"/>	(4) Prior stroke with functional impairment _____
<input type="radio"/>	<input type="radio"/>	(5) Severe uncontrolled medical problems or medications that may influence measurements or impair ability to participate in the study exams (e.g. oral steroids; known creatinine >2.5 mg/dl or eGFR <30; anemia with Hgb <10, etc.) _____
<input type="radio"/>	<input type="radio"/>	(6) Resting oxygen saturation <90% or nocturnal oxygen saturation <85% for >10% of the sleep period _____
<input type="radio"/>	<input type="radio"/>	(7) Prior use of prescribed PAP for sleep apnea _____ <input type="checkbox"/> Existing CPAP User <input type="checkbox"/> Missed before CPAP Treatment Started
<input type="radio"/>	<input type="radio"/>	(8) Report of inability to spend ≥6 hours in bed _____
<input type="radio"/>	<input type="radio"/>	(9) Severe sleepiness defined by an Epworth Sleepiness Score of >14 or report of trouble staying awake while driving in the past 2 years ESS: _____
<input type="radio"/>	<input type="radio"/>	(10) Low risk related to having sleep apnea defined by a Berlin Score of <2. Berlin: _____
<input type="radio"/>	<input type="radio"/>	(11) Working as a professional driver _____
<input type="radio"/>	<input type="radio"/>	(12) Central sleep apnea, with >50% of respiratory events classified as central apneas _____
<input type="radio"/>	<input type="radio"/>	(13) Refusal to consider PAP use after an initial split-night PAP study (pre-randomization) _____
<input type="radio"/>	<input type="radio"/>	(14) Concurrent involvement in another research study that will result in a conflict as determined by study doctors _____

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5. DEMOGRAPHICS:

Gender:

- Male
- Female

Race (check all that apply):

- American Indian or Alaska native
- Asian
- Native Hawaiian or Other Pacific Islander
- Black or African American
- White
- Other (please specify):

Ethnicity:

- Hispanic or Latino
- Not Hispanic or Latino

Highest level of education achieved:

(Please fill in only one circle):

- Did not complete high school or equivalent
- High school graduate
- Four year college graduate
- Graduate school degree

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6. ELIGIBILITY STATUS:

I have reviewed the above information. The individual:

- Meets
- Does NOT Meet

eligibility criteria as outlined for the study.

_____ / _____ / _____
Principal Investigator Signature Date

7. PARTICIPATION STATUS:

Agrees to participate

Enrollment Date ___ / ___ / ___

DOB: ___ / ___ / ___

Does not agree to participate

Check all that apply:

- Not interested in research
- Too busy
- Concerned that he/she may miss too much work
- Hard to find transportation to study visits
- Distance too far to travel to study visits
- Too many extra tests (ie: bloodwork, equipment)
- Passive refusal
- Only wants CPAP – can't risk not getting CPAP
- Other _____

Physician does not grant permission

Not Applicable: Ineligible